

BEDROOM & SEATING



**Aspire ComfiMotion
Activ Care Bed**

Various sizes available



**Aspire ComfiMotion
Crook Handle Bed Rail**

BEA830200



Wonder Sheet - Fitted

Various sizes available



**Aspire Waterfall
Day Chair**

Various sizes and fabric options. Seat can be replaced with a pressure cushion
SWL 200kg



**Aspire Raphael Quattro
Lift Recline Chair**

Various sizes and fabric options
SWL 130kg – 180kg



**Assist-A-Tray Over bed /
Chair Table**

BEA821820
SWL 113kg (Handle)
SWL 13.5kg (Tray)

RENT IT TODAY

Did you know that Aidacare offers a comprehensive range of equipment for rent? We've got you covered should you need any products for home care and recovery!

Scan the QR code or visit
aidacare.com.au/products/hire
for more details.



MAKE IT YOURS

Alternatively, you can purchase the items you're after and make them yours today. See our website for more information or speak to your local showroom staff for assistance.

For a **list of all our branches** scan the QR code or use the find a store function on our website.



PRINT AND DIGITAL RESOURCES

Check out our resources at aidacare.com.au or scan in the QR code below.



aidacare.com.au



NATIONAL COVERAGE

Located across all states of Australia, Aidacare have showrooms in capital city and regional locations. We also have network partners covering other areas, so our products are easily accessible.

Visit our showrooms and our expert, friendly staff are there to assist with all your needs. To find your nearest showroom go to aidacare.com.au or call **1300 133 120**.

'Solutions for Living' Collection

You may also be interested in Aidacare's other 'Solutions for Living' Guides giving product range information for the following areas:

- Arthritis
- Back Conditions
- Bariatric Care
- Carer's Needs
- Dementia
- Effects Of Stroke
- Energy Conservation
- Falls Risks
- Hip And Knee Care
- Mobility And Access
- Neuro Conditions
- Paediatric Care
- Positioning Needs
- Pressure Care
- Therapy And Exercise
- Travel

SOLUTIONS FOR LIVING



LIVING WITH BACK CARE

ABR133 6 141723



1300 133 120 | aidacare.com.au



LIVING WITH BACK CARE

Back pain is a common problem reported by 1 in 6 Australians and experienced in some degree by most people in their life. It can be acute pain following an injury or chronic pain related to injury or a health condition such as arthritis, osteoporosis or spinal stenosis (narrowing of the spaces in your spine).

Back pain can impact your activities of daily living by making it difficult to sit or stand from low heights, walk long distances, bend, reach, carry or be comfortable in your bed or chair.

It is important to work with your doctors and therapists to manage ongoing pain and wellbeing. Aidacare provide a range of products that can assist you to maintain your independence, comfort and dignity.

SWL – Safe Working Load is the manufacturer's recommended maximum weight load for a product. Allowance should also be made for fluctuations in body weight and additional items that may be carried by the equipment user, such as equipment accessories or bags.

NOT QUITE SURE?

Do you need help with product selection and sizes? Please contact Aidacare on 1300 133 120. For Therapist Solutions please enquire about how else we can help you.

For a full range of assistive equipment that may help a person needing back care, please scan the QR code.



BATHROOM



Aspire Shower Stool with Arms - Padded Seat and Back
BTS119025 - Treated Steel
SWL 175kg



Hand Held Shower on Rail
BTS107500



Grab Rail Anti Slip
Various sizes and colours available



Rubber Shower Mat
30x530mm
BTS109600 – White



Conni Floor Mat
Absorbent & Waterproof
Various sizes and colours available



Aspire Over Toilet Aid
BTT145005 - Aluminium
BTT145000 - Treated Steel
SWL 175kg

DAILY LIVING AIDS



Dressing Stick
DLD269310



Terry Cloth Sock Aid
DLD269090



Aspire Pick Up Reacher
Various lengths available



Aspire Shoe Horn
DLD269160



Aspire Kitchen/Perching Stool
CHP213500 - Champagne
SWL 175kg



Dust Pan & Broom - Long Handled
DLG271500

MOBILITY



Aspire Vogue Forearm Walker
WAF705400
SWL 150kg



Aspire Assist Bar
DLG271660



Aspire Swivel Cushion
TSE673056



T-Handle Walking Sticks
WAS743600
SWL 100kg
Various options available



Aspire Vogue Carbon Fibre Seat Walker
WAF705350 - Medium
WAF705360 - Tall
SWL 150kg



Pride Pathrider 140XL Scooter
Various colours available
SWL 181kg